

In a Covid-19 World, Ensuring that Play is a Part of Every School Day is More Important than Ever.

Cara DiYanni

BACKGROUND:

Play at school has decreased in recent years.

But play has strong, positive impacts on children's...

- Socio-emotional
- Physical and
- Academic

...well-being. Kids need play as a part of their every day school lives.

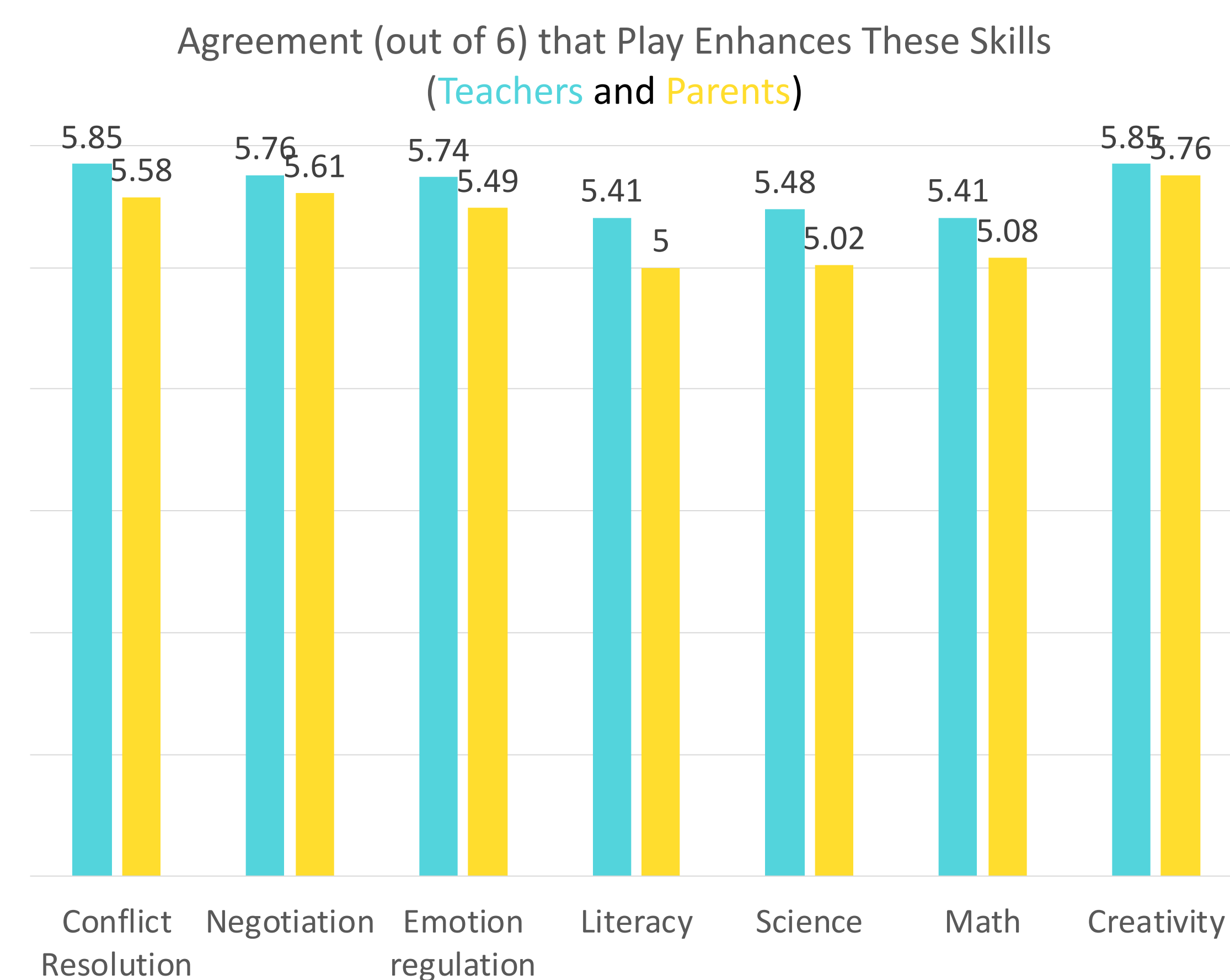
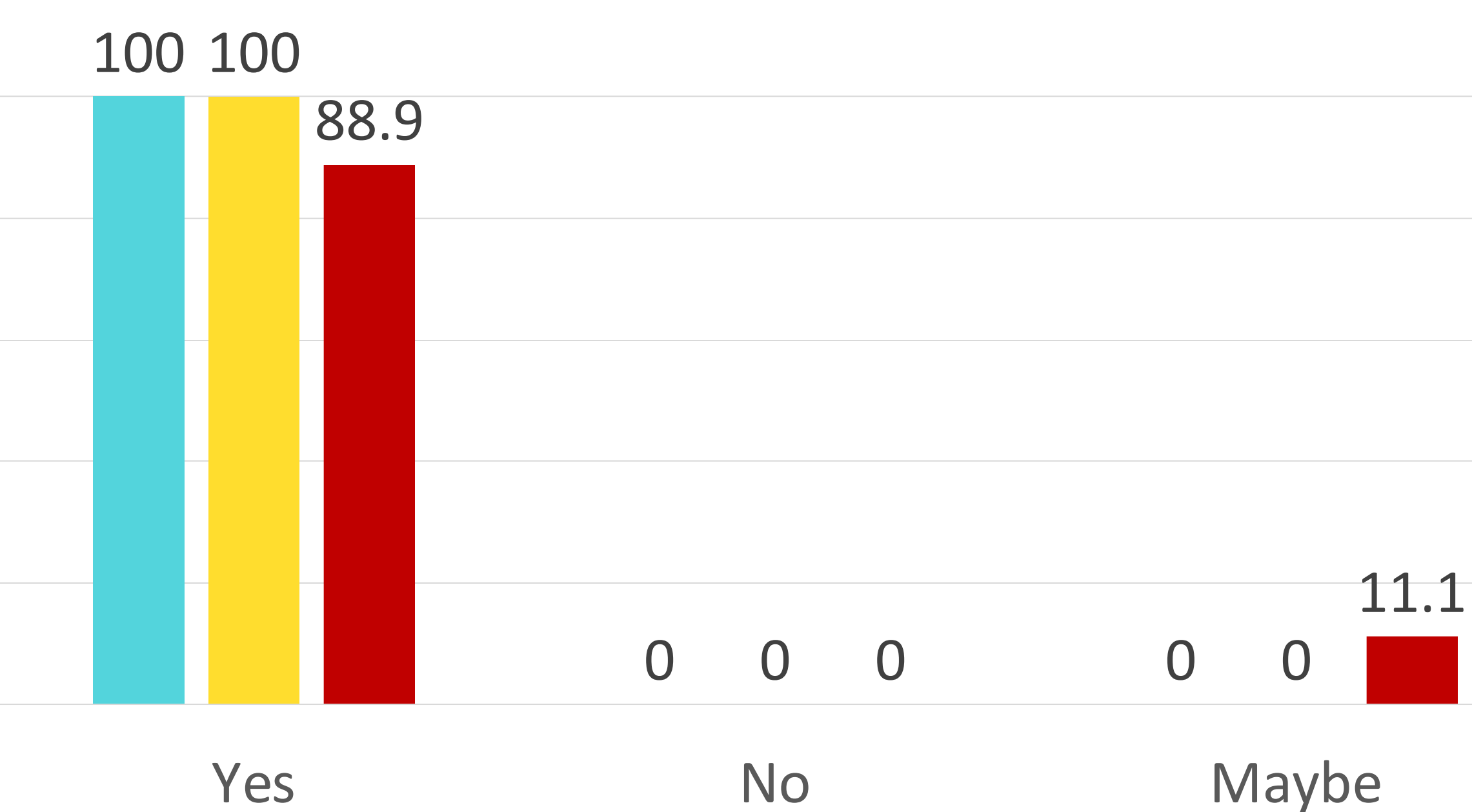
METHODS:

- Surveyed -
1. 27 teachers of Pre-K through 3rd grade
 2. 59 parents of children in grades Pre-K-3
 3. 18 children in grades Pre-K-3

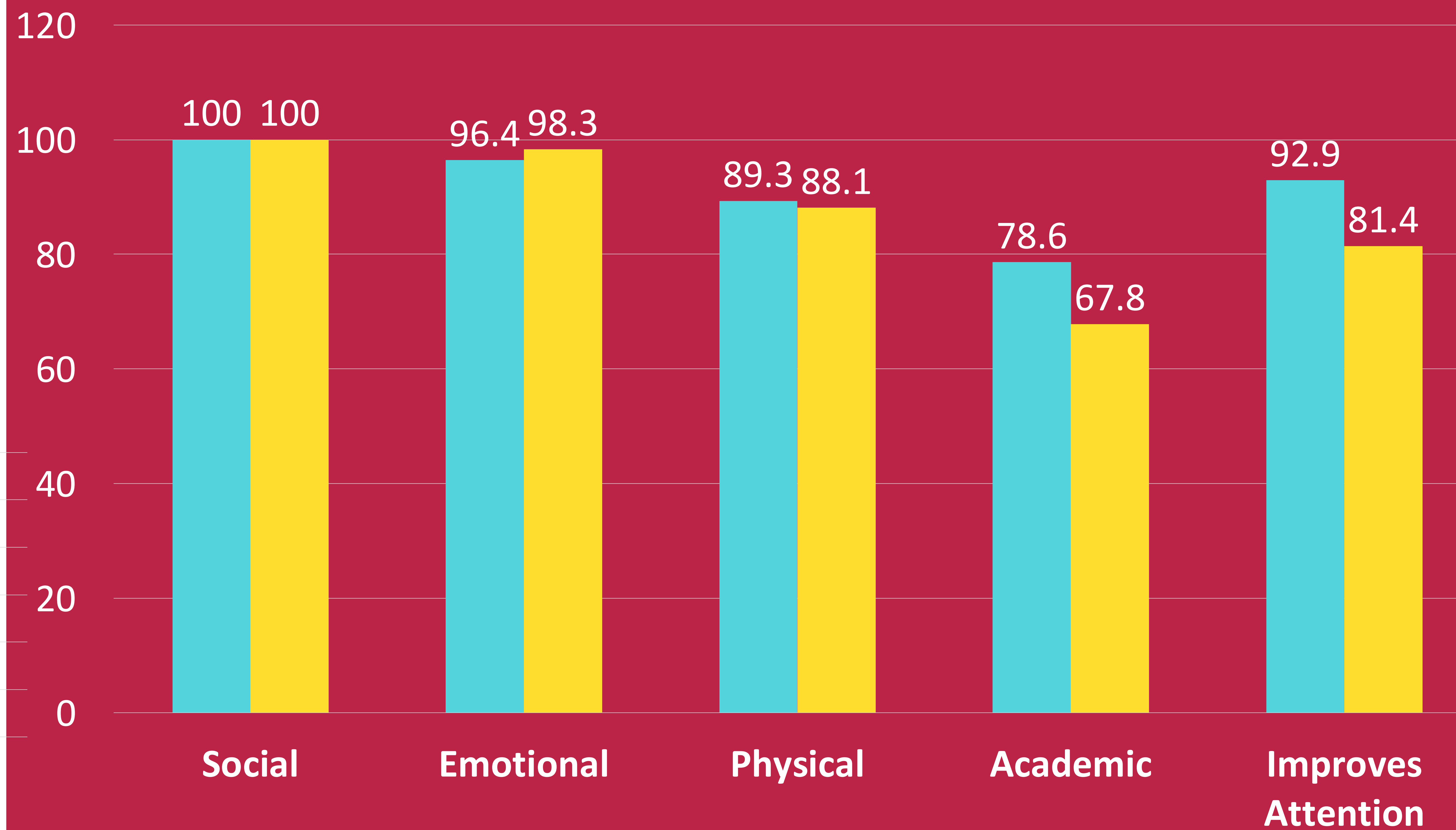
RESULTS:

- **Teachers** suggested kids should have about **71.85 minutes** of play time per school day.
- **Parents** suggested **81.18 minutes**.

Teachers, Parents, and Children were asked: **Should Play be Part of Every School Day?**



Kids, Parents, and Teachers Agree: In a COVID-19 World, Play in School Is More Important Than Ever Before



Percentage of Teachers and Parents Who Believe that Play Offers Each of these Benefits to Children



Take a picture to access this poster and more information about this study and others similar to it.

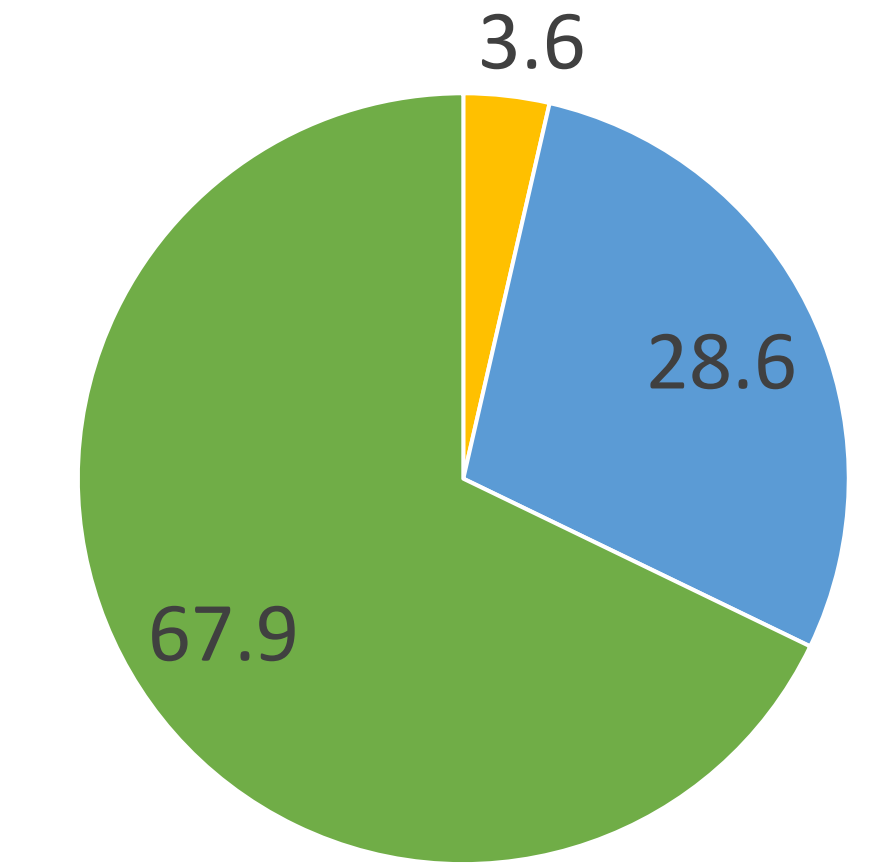
Motivation

- U.S. has one of the lowest amounts **in the world** of time per day allotted for play for children ages 6-13.

Participants

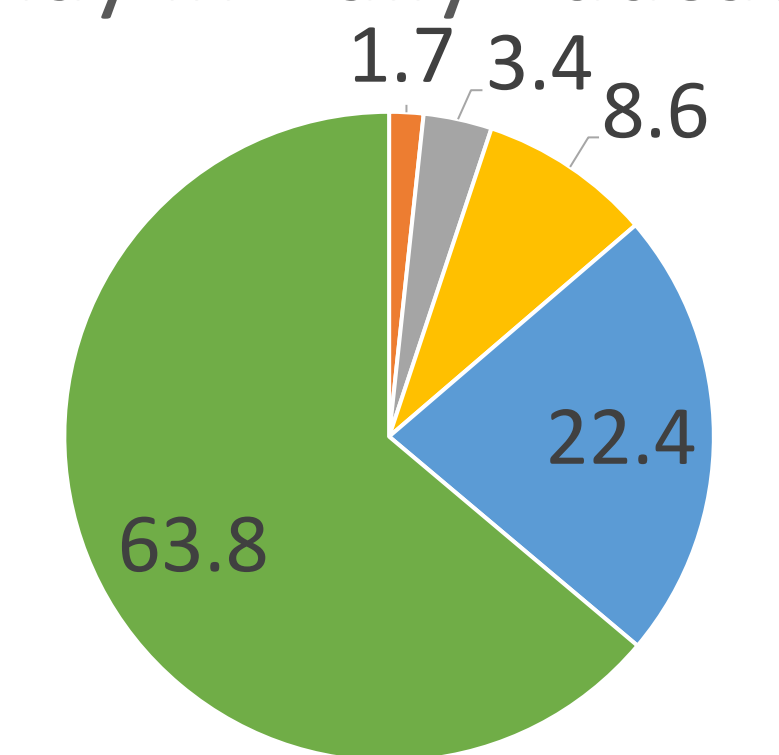
- 27 Teachers: 2 Pre-K, 5 K, 9 1st grade, 3 2nd grade, 6 3rd grade, and 2 who did not specify their grade level
- 59 Parents: 14 Pre-K, 11 K, 4 1st grade, 11 2nd grade, 19 3rd grade
- 18 Children (10 M): 2 Pre-K, 1 K, 2 1st grade, 7 2nd grade, 6 3rd grade

Teacher Ratings of the Importance of Play in Daily Education



1 2 3 4 5 6

Parent Ratings of the Importance of Play in Daily Education



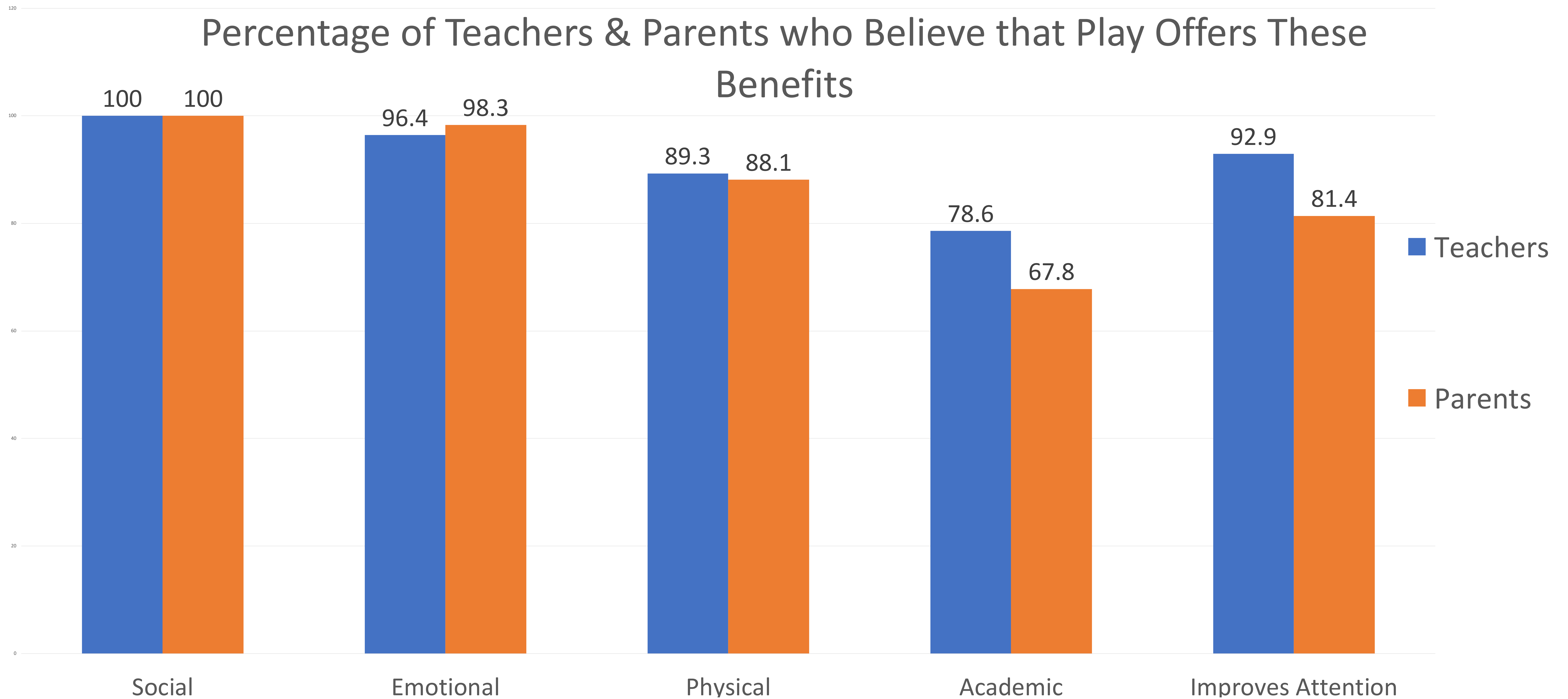
1 2 3 4 5 6

- **Parents' suggested minutes of play per day** did differ by age group: 132.7 min for Pre-K, 76.75 min for K, 63.75 min for 1st grade, 71.75 min for 2nd grade, 54.21 min for 3rd grade
- **Given enough time to play?**
 - Avg agreement among **parents** (out of 6) = 4.47; most grades around 4, but Pre-K avg = 5.29
 - **Kids:** 44.4% yes, 55.6% want more
- **Kids' reasons why they like to play at school:**
 - Play with friends (100%)
 - Break from school work (83.3%)
 - Pay better attention after play (44.4%)
 - Learn when play (38.9%)
 - Makes learning more interesting (27.8%)
 - 1 kid: "Allows you to feel like you can make the rules and can do whatever you want"

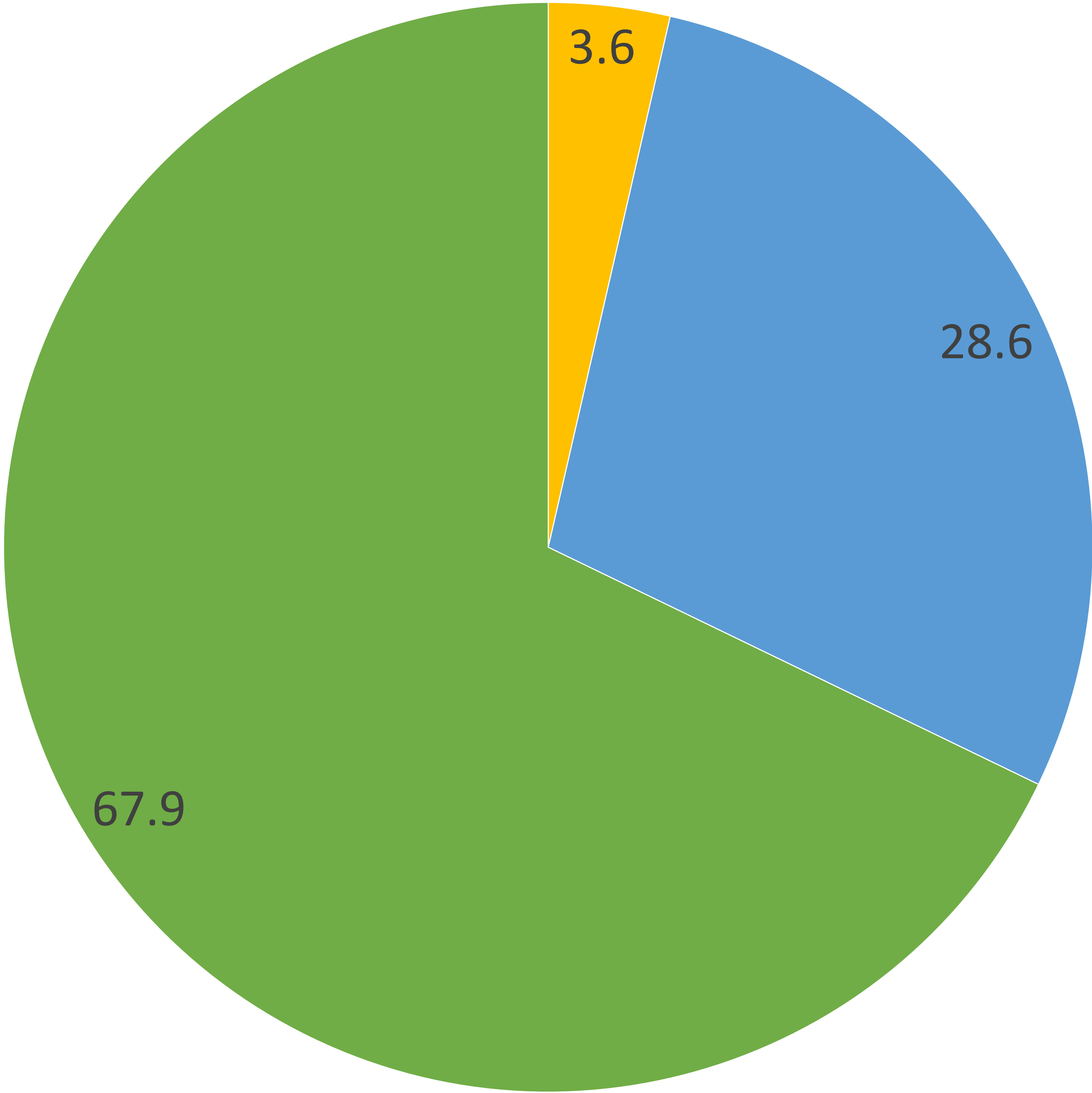
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Percentage of Teachers & Parents who Believe that Play Offers These Benefits

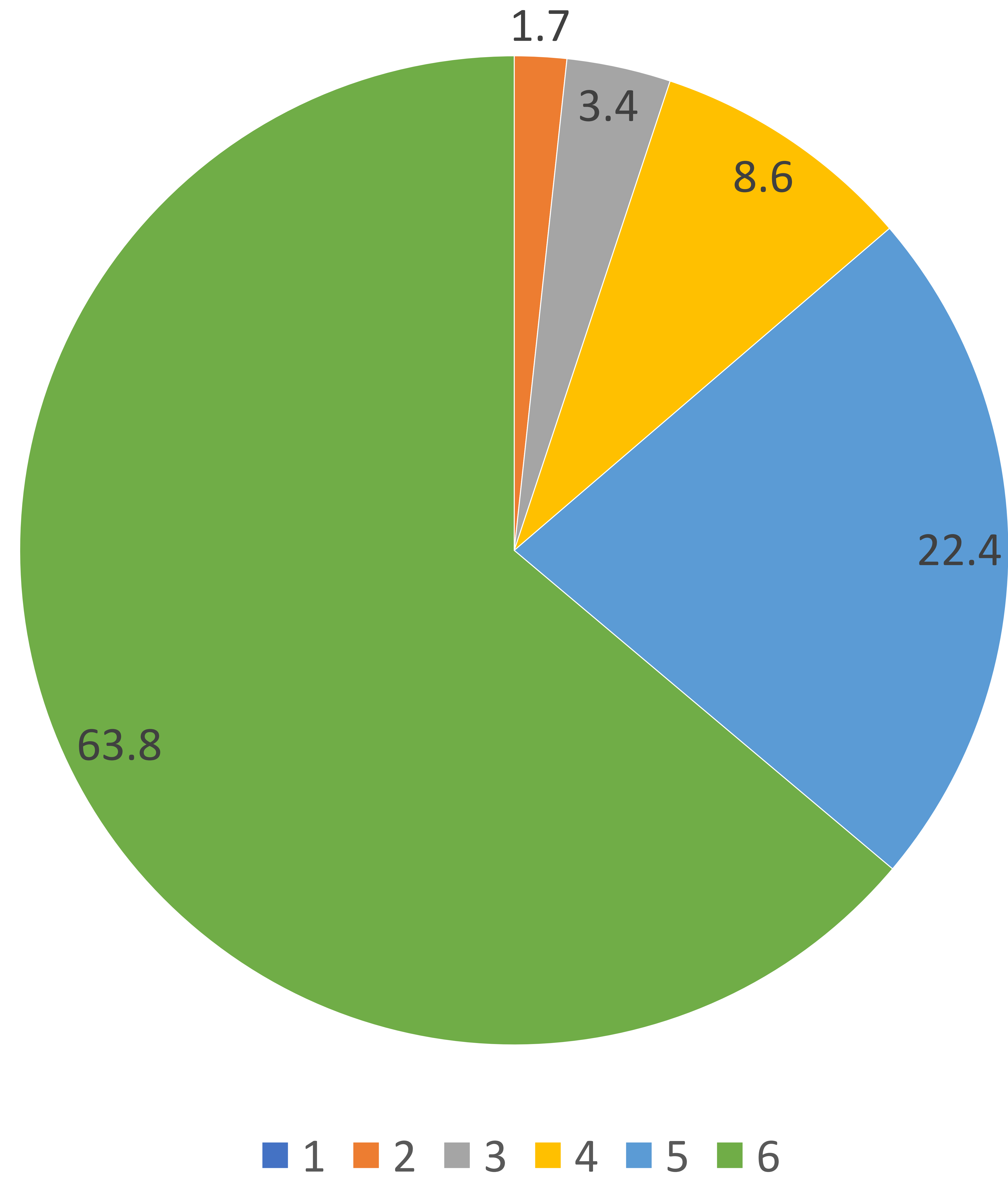


Teacher Ratings of the Importance of Play in Daily Education



■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6

Parent Ratings of the Importance of Play in Daily Education



Agreement (out of 6) that Play Enhances These Skills

